

COVID 19 RETURN TO HOCKEY SAFETY GUIDELINES & PLAN

A live Document – AFHA Board of Directors



'STAY SAFE, STAY CALM AND BE KIND; TO
OURSELVES AND TO EACH OTHER' -
REMEMBER, THIS IS NOT FOREVER"

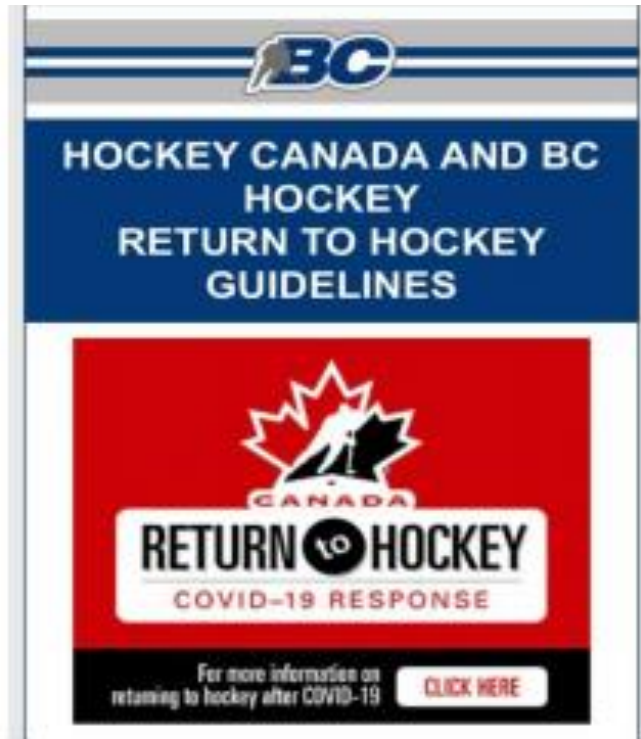
DR. BONNIE HENRY, PUBLIC HEALTH OFFICER -
MARCH 2020





Return to Hockey

Hockey Canada and BC Hockey have developed Return to Hockey frameworks. Hockey Canada has lifted the national ban on sanctioned activities, allowing its Members the opportunity to work with provincial leaders and local health authorities on return-to-hockey safety plans but this will vary province to province, city to city, arena to arena



COVID-19 UPDATES



Message from Board:

A safe return to female hockey in Abbotsford in 2020 will require a community effort with buy-in and support from all coaches, volunteers, facilities, players and their families.

This document outlines the guidelines and processes set forth by ***Hockey Canada, The Provincial Health Officer of BC, ViaSport, BC Hockey, Pacific Coast Amateur Hockey Association*** and our community facility partners.

Hockey in 2020 will look very different than it did in 2019 and it will be our collective responsibility to ensure that we are adhering to the guidelines set forth and ready to adapt to an ever changing environment as we collectively respond to COVID 19.

We look forward to engaging with you in this challenge.

AFHA Board of Directors



REFERENCE MATERIALS

- Hockey Canada – “Return to Hockey Covid-19 Response Safety Guidelines” (June 4, 2020)
- ViaSPORT – “Return to Sport Guidelines for B.C.” (May 28, 2020)
- Government of BC - “Key Steps to safely operating your business or organization and reducing Covid-19 Transmission”
- Bonnie Henry - Order of the Provincial Health Officer – “Mass Gathering Events” May 22, 2020
- IIHF – Roadmap safe return to practice – COVID-19
- South Delta Storm – “Return to Hockey Summer 2020 – Version 1 (June 2020)
- June 24 meeting with City of Abbotsford Parks & Recreation





**March to
May 19, 2020**

Strictest Controls

PHASE 1

- Individual or physical distance
Off-ice or Outdoor training
- Low Risk or Virtual Activities
- No contact or competition
- No shared equipment

PHASE 2

- 2 m Physical Distance
- No non-essential Travel
- No Group > 50 people (small groups)
- Indoor facilities slowly open
- Non-contact training
- Modified play
- No or limited spectators

Transition Measures

**Approximately
May 19 - September**



**Introduced
August 24**

Progressively Loosen

PHASE 3

- PHO to outline physical Distancing
- Indoor facility access expanded
- Increase group sizes
- Pair or small group contact skills
- Local or Regional Game play
- Limited Spectators

PHASE 4

- PHO to outline restrictions
- Large groups allowed
- No restrictions on spectators
- Full contact game play (if applicable)
- Provincial or Inter-Branch Competition
- No restrictions

New Normal

**Future date TBD
(Vaccine or Treatment)**



PHASE 3 – “PROGRESSIVELY LOOSEN”

Development of COHORTS

A cohort is a group of participants who primarily interact with each other within the sport environment over an extended period of time (e.g. series of events). Maximum 4 Teams in Cohort

Within COHORT:

- Minimal Contact Allowed
- Modified Game play allowed (Scrimmage / League)
 - More info to come from PCAHA regarding scheduling and makeup of COHORTS
- No AP of players – any movement between cohorts requires 14 day isolation period of not participating in any contact drills or game play
- Coaches are exempt from Cohorts
- A child is allowed to be in up to 2 different sport cohorts (i.e. hockey / soccer)



PHASE 3 – INITIATED AUGUST 24

[HTTPS://WWW.VIASPORT.CA/SITES/DEFAULT/FILES/PHASE3RETURNTOSPORTGUIDELINESWEBV2.PDF](https://www.viasport.ca/sites/default/files/phase3returntosportguidelineswebv2.pdf)

Group C Sports with frequent or sustained contact	basketball, cheerleading, field hockey, football, goalball, hockey, lacrosse, netball, ringette, sledge hockey, soccer, ultimate, water polo, rugby, squash, wheelchair rugby, wheelchair basketball	<p>Contact – Physical contact within the same team training environment may be introduced. For the game or competition environment rules should be modified to minimize physical contact.</p> <p>All activities that involve any form of close proximity or physical contact should take place only within the cohort environment.</p> <p>Cohort Size – Cohorts may contain up to 50 people or four teams (whichever is deemed most appropriate by the Provincial Sport Organization)</p> <p>Competition - Competitive activities (e.g. game play) may occur within designated cohorts.</p>
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Five Principles For Every Situation

Personal Hygiene:	Stay Home if You Are Sick:	Environmental Hygiene:	Safe Social Interactions:	Physical Modifications:
<ul style="list-style-type: none">• Frequent handwashing• Cough into your sleeve• Wear a non-medical mask• No handshaking	<ul style="list-style-type: none">• Routine daily screening• Anyone with any symptoms must stay away from others• Returning travellers must self-isolate	<ul style="list-style-type: none">• More frequent cleaning• Enhance surface sanitation in high touch areas• Touch-less technology	<ul style="list-style-type: none">• Meet with small numbers of people• Maintain distance between you and people• Size of room: the bigger the better• Outdoor over indoor	<ul style="list-style-type: none">• Spacing within rooms or in transit• Room design• Plexiglass barriers• Movement of people within spaces

- Participants / Volunteers “at higher risk of experiencing severe illness should not take part in recreational, sporting, or camp activities” – Government of BC



Hockey Canada Insurance Guidelines

Sanctioned hockey, unlike many sports, have insurance coverage for “disease” which includes Covid-19

- valid only for Hockey Canada members – not all hockey
- all health authority and provincial guidelines must be adhered to

COMMUNICATIONS OFFICER

AFHA will assign a board member to be responsible to ensure all updated and relevant information is passed on to everyone within the Association.

Adam Fletcher - risk@abbotsfordfemalehockey.com

Responsibilities to include:

- Monitor all relevant updates from BC Public Health Officer, ViaSport, BC Hockey and PCAHA
- Communicate with local facilities on guidelines and updates
- Ensure teams follow guidelines set by AFHA and facility
- Ensure any COVID-19 cases are reported as required by the public health authority, AFHA, PCAHA, BC hockey, facilities and ensure appropriate follow up.
- Central AFHA contact for COVID issues – regular communication with team assigned **COVID Officers**



TEAM COVID OFFICERS

Each team will have an assigned “COVID Officer” parent volunteer

Responsibilities to include:

- Keeping Attendance / Screening for all team events
 - We are now setup for My Health Check on Team Snap for players and coaches
- Act as Gate Keeper for participants coming on / off ice
- Ensure safe distancing in facilities and following dressing room capacity guidelines
- Monitor for physical distancing / hand washing
- Central contact for any team / participant COVID concerns
- Regular check-in with AFHA Board COVID Officer



PARTICIPANT AGREEMENT

Prior to resumption of any on ice activities all members / parents / coaches / volunteers in the association must review guidelines put forth by AFHA and sign a Participant Agreement to acknowledge understanding of and willingness to abide by guidelines during the 2020/2021 season.

This will review:

- Pick up / Drop off procedures
- Review of individual facility guidelines
- Review of what on ice sessions are anticipated to look like
- Importance of participants arriving dressed and leaving dressed (with exception of skates)
- Steps to practicing good hygiene
- Steps for reporting any player symptoms to AFHA / Public Health



COACH / TEAM VOLUNTEERS

Coaches and other team volunteers will be expected to play a vital role in following and enforcing guidelines from the BC Public Health Office, BC Hockey, PCAHA, AFHA and respective facilities.

Coaches and volunteers will be required to wear cloth masks when physical distancing guidelines can not be followed (Bench / Dressing Rooms – not required on ice provided maintaining 2 meters of separation)

Each participant will be required to do a wellness check and attendance must be kept for all events so that Public Health can accurately complete contact tracing should a positive case arise.

Coaches & HCSP are Required to complete Hockey Canada E Learning Module – **“Return to Hockey”**

<https://ehockey.hockeycanada.ca/ehockey/ClinicDetail.aspx?cid=131168>



PERSONAL HYGIENE

Proper hygiene can help reduce the risk of infection or spreading infection to others.

- Wash hands often with soap and water for at least 20 seconds, especially after using the washroom and when preparing food.
- Use alcohol-based hand sanitizer if soap and water are not available.

When coughing or sneezing:

- Cough or sneeze into a tissue or the bend of the arm, not the hand.
- Dispose of any used tissues as soon as possible in a lined waste basket and wash hands.
- Avoid touching the eyes, nose or mouth with unwashed hands.

The Hockey Canada Safety Program recommends the following protocol for the use of water bottles:

- Good team hygiene includes ensuring all players and staff have their own water bottles to prevent the transmission of viruses and bacteria.
- Bottles should be labelled and washed after each practice or game.
- It is prohibited for officials to drink from the goaltender's water bottle. If officials require water, they should have their own water bottle at the penalty bench.
- There should not be sharing of water bottles in the penalty box, as well as no sharing of towels.

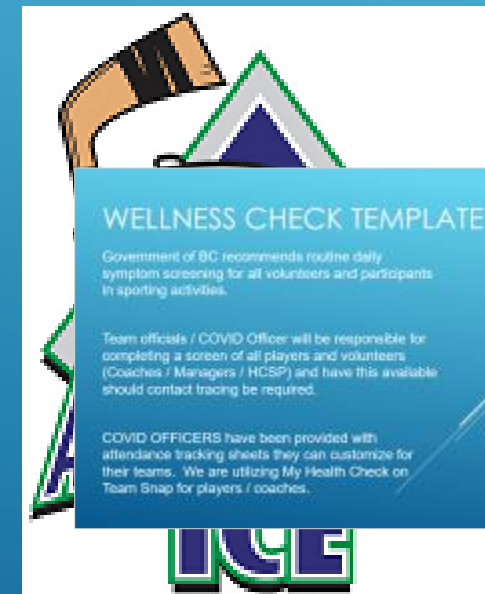


WELLNESS CHECK TEMPLATE

Government of BC recommends routine daily symptom screening for all volunteers and participants in sporting activities.

Team officials / COVID Officer will be responsible for completing a screen of all players and volunteers (Coaches / Managers / HCSP) and have this available should contact tracing be required.

COVID OFFICERS have been provided with attendance tracking sheets they can customize for their teams. We are utilizing My Health Check on Team Snap for players / coaches.



PARTICIPANT FEELS ILL AT THE FACILITY/ACTIVITY

Participant advises team staff/safety person immediately.

Participant receives a cloth mask and wears immediately. Anyone caring for the participant should also wear a cloth mask.

Parents/guardians are advised and take the participant home. If the participant is an adult, they will leave immediately if well enough to drive. If there is a delay in leaving the facility, they should find a location to isolate.

Contact a physician and call the local public health line. Follow isolation requirements of public health authorities. The participant will require a note from their physician to return to activity.

**** Facility staff should be provided with an incident report based on facility protocol prior to the coaching staff leaving the facility.**

In British Columbia advice on return to school and play from Public Health is acceptable.

If parents are giving verbal direction from Public Health to Return to Play once symptoms have cleared this replaces the need for a Physician note. Physician note only REQUIRED in instance of a Positive COVID 19 result.



**PARTICIPANT ADVISES TEAM STAFF
THEY ARE NOT FEELING WELL
AND WILL NOT BE ATTENDING**

Participant is advised to follow up with their physician. They will require a note from their physician to return to activity.

Any participant with suspected or confirmed COVID-19 should not return to the hockey environment until all public health authority steps have been completed. They will require a note from their physician or public health authority to return to activity.

If a participant is confirmed to have COVID-19, refer to the following section for recommended communication.

Important!

If a sick participant (or their parent/guardian if the participant is a minor) elects to inform a team/hockey association/Member that they have been diagnosed with COVID-19, the individual informed shall seek the sick participant/their parent's/guardian's consent to contact public health authorities in order to obtain advice on communication with other potentially impacted participants. The sick participant (or their parent/guardian if the participant is a minor) should be asked to advise Public Health of this consent.

Explain the communication that will take place and **NEVER** disclose the sick person's name.

**PARTICIPANT ADVISES
THEY HAVE SYMPTOMS OF COVID-19
AND WILL NOT BE ATTENDING**

If a participant has COVID-19, they should follow up with their physician and public health authority for instructions.

Any participant with suspected or confirmed COVID-19 should not return to the hockey environment until all public health authority steps have been completed. They will require a note from their physician or public health authority to return to activity.

If a participant is confirmed to have COVID-19, refer to the following section for recommended communication.

In British Columbia advice on return to school and play from Public Health is acceptable.

If parents are giving verbal direction from Public Health to Return to Play once symptoms have cleared this replaces the need for a Physician note. Physician note only **REQUIRED** in instance of a Positive COVID 19 result.

**PARTICIPANT
TESTS POSITIVE FOR COVID-19
AND CONTACTS THEIR PHYSICIAN
FOLLOW PUBLIC HEALTH GUIDELINES**

**IMMEDIATE REMOVAL FROM HOCKEY
ENVIRONMENT FOR ANYONE IN THE HOME**

**REPORT TO PUBLIC HEALTH AUTHORITIES,
FOLLOW GUIDELINES**

**PUBLIC HEALTH AUTHORITY DETERMINES
COMMUNICATION PROTOCOL AND
TRACING OF ALL CONTACTS
COOPERATE ON ANY NECESSARY
COMMUNICATION.**

**NOTE REQUIRED FROM A PHYSICIAN OR PUBLIC
HEALTH AUTHORITY TO RETURN TO PLAY**

**** A note from Physician or Public Health Authority
will be required for Return to Activity in instance of
Positive COVID Test result.**

Important!

If a sick participant (or their parent/guardian if the participant is a minor) elects to inform a team/hockey association/Member that they have been diagnosed with COVID-19, the individual informed shall seek the sick participant/their parent's/guardian's consent to contact public health authorities in order to obtain advice on communication with other potentially impacted participants. The sick participant (or their parent/guardian if the participant is a minor) should be asked to advise Public Health of this consent.

Explain the communication that will take place and **NEVER** disclose the sick person's name.

FACILITIES – ENVIRONMENTAL HYGIENE

AFHA utilizes ice at several facilities in the Abbotsford area including ***Abbotsford Rec Centre, Matsqui Rec Centre, Abbotsford Centre, Abbotsford Ice Rink*** and the ***Rinks at Summit Centre.***

Each facility will be responsible for outlining their physical distancing, capacity, cleaning, utilization and hygiene guidelines which AFHA members will need to follow.

Conversely the facilities will be required to meet minimum standards as set out by Hockey Canada and the BC Public Health Officer in order for AFHA to continue using these spaces.



FACILITIES – SAFETY PLANS

- Ice Times will have 30 minutes separation (previously 15 minutes) to allow for users to clear prior to new user group arriving. Arrive no sooner than 15 minutes and leave no later than 15 minutes after event.
- Dressing Rooms will be limited to 8 people (6 players / 2 adults) and is for skate tying. Players to arrive at rink fully dressed.
 - Exception of goalies
- Maximum 50 persons in arena
- Spectators discouraged – Max 1 spectator / participant and must be screened prior to arena entry. **NO SPECTATORS FOR PHASE 3 GAME PLAY**
- Some additional hygiene stations will be setup including access to public washrooms but teams also expected to provide own sanitation supplies for benches / on-ice activity
- Each facility will provide an Isolation Room for any participants flagged as symptomatic during event.
- Failure of user groups to abide by facility safety plans will result in loss of access to ice.



COVID 19 ARENA User Groups Safety Plan

The user group representative is required to read and confirm that they understand the City's COVID-19 safety plan, policies and procedures as outlined below. The user group is required to take steps to ensure that participants act in accordance with the City's COVID-19 Safety Plan, policies and procedures. Failure to adhere to the same could result in your user group's license being revoked without refund of any fees or any particular person being banned from access to our facilities.

All user groups will be responsible for creating their own COVID-19 Safety Plan that follows the protocols established by the sport National Governing Body (NGB), the Fraser Health Authority (FHA), BC Centre for Disease Control (BCCDC) and Provincial Health Office (PHO).

STAY HOME if you are SICK

Stay away from others if you are feeling ill, isolate at home and do not attend your organized sport/work

- An isolation room has been established in each facility should a participant/patron fall ill while in our facilities and are unable to make it home on their own



PRACTICE GOOD HYGIENE

Wash your hands often, avoid touching your face and cough/sneeze into your elbow or tissue.

- All participants are encouraged to wash their hands before entering and when leaving the facilities
- Hand sanitizer stations are located at various points in the facility
- Players should bring their own labelled, pre-filled water bottle.
- Washrooms are available and located in the main lobby (skate friendly flooring)
- Please note that cleaning of the arena spaces will only occur periodically
- NO SPITTING ANYWHERE IN THE FACILITIES OR ON THE ICE SURFACES



MODIFIED ENVIRONMENT

Entering the Facilities

- There will be physical distancing markers to line up at the door.
- Before entering the facility all arena participants and spectators must read Patron Health Declaration and Facility Guidelines at front entrance. A person who says "Yes" to any of the questions should go home and return when they are well.
- Arena capacity is 50 people in the MSA, ARC and MRC facilities. This includes the participants, coaches, officials and spectators.
- Each user will be required to supervise the group and ensure that unauthorized individuals do not enter the arena.



COVID 19 ARENA User Groups Safety Plan

Physical Distancing - Make Space Between People

- Users must maintain physical distancing of 2 metres while in the facility.
- Participants must follow the signage and floor markings at all times.
- No gathering in the lobby areas.
- Markers have been placed on the glass in the 4 corners to provide reference for physical distancing of participants in a line up
- There will be no office, dry-land training/warm up sessions permitted

Upon Building Entry

- Participants are to only arrive 15 minutes prior to their ice time.
- Dressing rooms and showers are not available for use at this time
- Participants are recommended to come dressed in full gear including skates (with skate guards) or shoes - a small area in the lobby will be provided for participants to put on their skates
- Players will go to the marked seating locations in the foyer to put on skates
- User groups are responsible for the safety and security of their items at all times

On-Ice Session

- On-ice participant capacity is 20 players and 5 coaches
- On-ice sessions must support physical distancing
- Coaches to supervise the use of players benches to ensure proper physical distancing

Spectators

- Spectators should be kept to a minimum as outlined in user COVID-19 Safety Plan
- User group to enforce spectator numbers as per their COVID-19 Safety Plan
- Each individual should ensure they are physical distancing from other spectators
- Spectator areas are not cleaned after each ice time, please use responsibly

End of Ice Session

- At the end of the session, participants must exit the ice promptly
- Participants must leave the facility within 15 minutes to allow the next group to enter
- Participants must leave the facility through the designated exit door

SAFETY PROTOCOL

- User group will be responsible for all first aid and medical assistance for their group
- There has been an increase in the break between groups to 30 minutes
- To ensure our facilities can remain open and safe, please respect and follow all established guidelines
- Guidelines to be reviewed and updated as information becomes available from FHA, BCCDC, and PHO



ViaSport Category	Transition Measures in Place	Leagues Plan for Compliance	Facility Plan for compliance
Restrictions in Place	<ul style="list-style-type: none">• Maintain Physical Distance (2m)• No non-essential Travel• No groups of over 50 people	<ul style="list-style-type: none">• Follow local & provincial health guidelines.• Follow each facilities guidelines for capacity	<ul style="list-style-type: none">• 30 minute separation between ice times• Dressing Room Capacity Posted
Enhanced Protocols	<ul style="list-style-type: none">• Increased hand hygiene• Symptom screening in place	<ul style="list-style-type: none">• Players to gear up and down prior to arrival and after leaving rink• Frequent hand washing• Mandatory health screening & attendance prior to activity	<ul style="list-style-type: none">• Increased hygiene stations• Screening prior to entering facility
Facility	<ul style="list-style-type: none">• Outdoor is safest• Indoor facilities slowly re-opening	<ul style="list-style-type: none">• Work w/ Abbotsford facilities on reopening plan	<ul style="list-style-type: none">• Gradual reopening through August – October.
Participants	<ul style="list-style-type: none">• Small groups• No or limited Spectators• Benches considered "Field of Play" as we move into Phase 3 Gameplay	<ul style="list-style-type: none">• Max 20 players w/ 5 coaches• Benches now considered part of "Field of Play"	<ul style="list-style-type: none">• Max 20 players w/ 5 coaches• Benches now included in "Field of Play"
Non-contact activities	<ul style="list-style-type: none">• Fundamental movement / Puck skills / modified training activities and drills	<ul style="list-style-type: none">• Adhere to 2m distancing• No contact drills or games	<ul style="list-style-type: none">• No tournaments / games
Contact activities	<ul style="list-style-type: none">• Allowed only in Phase 3 Cohorts• Maximum 50 or 4 teams / cohort• PCAHA to set rotating cohorts w/ 2 week intermissions	<ul style="list-style-type: none">• In Phase 3 scrimmages / contact allowed only within Cohort• Follow PCAHA recommendations for Cohort and Game play	<ul style="list-style-type: none">• ARC / MSA / MRC only facility to be used for PCAHA gameplay in Abbotsford
Competition	<ul style="list-style-type: none">• PCAHA introducing Cohorts and within Cohort gameplay targeted for October 13th.	<ul style="list-style-type: none">• No games to start season• Phase 3 gameplay as set out by PCAHA	<ul style="list-style-type: none">• No tournaments• Follow guidelines from BC hockey / ViaSport
Equipment	<ul style="list-style-type: none">• Minimal shared equipment	<ul style="list-style-type: none">• No shared equipment / water bottles	<ul style="list-style-type: none">• equipment on / off at home

ABBOTSFORD CENTER (KING ROAD)

Discussions about potential opening later in the year



ABBOTSFORD ICE RINK (SOUTH FRASER WAY)



- Max 12 players / 3 coaches on ice at once
- Can add 5 additional rotating through bench
- 52 Minute Ice Times to allow adequate spacing between users
- Arrive no sooner than 15 minutes prior to ice and exit within 15 of ice time
- Arrive to rink fully geared up
- Skate tying in Dressing Rooms – spacing marked by red dasher
- No Equipment bags
- Max 1 spectator / participant – Arena Max 50 people
- Spectator viewing upstairs (9 spots) and on East boards (11 spots)
- Arena to mark spacing along East end glass with red dashers
- Isolation room will be the Coach Dressing Room
- 1 Unisex player washroom / 1 Unisex spectator washroom – Capacity of 1 each

- ▶ Please note separate entrance for spectators on East side of rink.
- ▶ Isolation room = “Safe Room”, coaches dressing room.
- ▶ There is space for 9 spectators separated upstairs



RINK KEY PLAN

W	Wait Area
C	Check In
→	Public Access
←	Public Egress
S	Sanitizing Station
M	Monitoring Point
X	Skate Tying Area
P	Public Viewing

ABBOTSFORD RECREATION CENTER (OLD YALE / MCMILLAN)

- Max 20 players / 5 coaches on ice at once
- 60 Minute Ice Times with 30 minutes separation
- Arrive within 15 minutes prior to ice and exit within 15 of ice time
- Arrive to rink fully geared
- Skate tying in Dressing Rooms – 6 foot spacing between players
- Dressing Room capacity 8 (6 players / 2 adults)
- No Equipment bags
- Max 1 spectator / participant – Arena Max 50 people
- Arena to mark spacing along glass
- Isolation room will be Room 8
- Access to designated washrooms only – capacity will be indicated

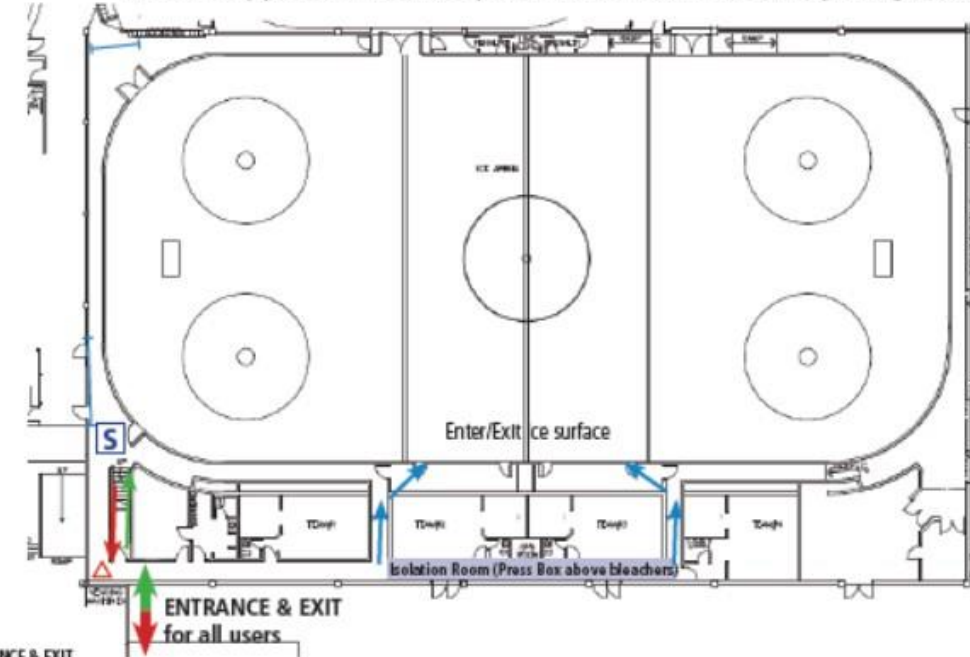


- ▶ No spectators allowed for games, players and team officials only.
- ▶ COVID Officers to complete health checks and attendance external to entrance.
- ▶ Access to arena at 15 minutes prior to ice time. Players fully dressed with exception of skates.
- ▶ Enter and Exit only via external ramp south of arena / north of parking lot
- ▶ Teams will be assigned 2 dressing rooms with posted capacity for skate tying.
- ▶ Please note that the designated Isolation area is in the upstairs Press Box (above the bleachers)

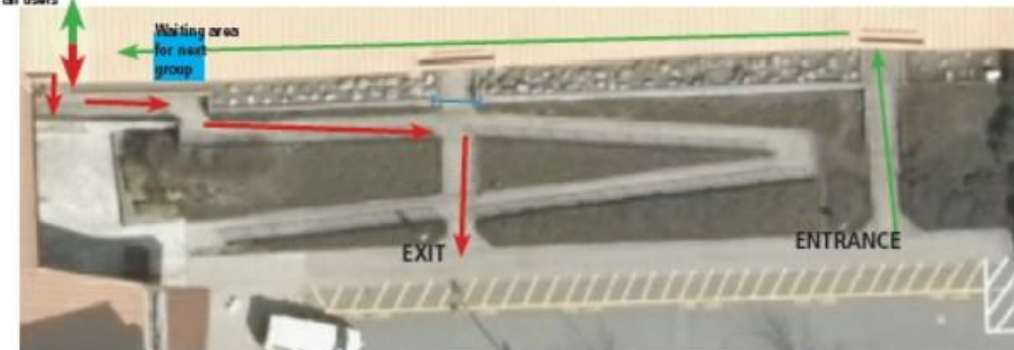
ABBOTSFORD RECREATION CENTRE ARENA FACILITY RE-OPENING

Public Entrance	→	Sanitizing Station	S	Isolation Room	
Public Exit	→	Safety Signage	△		
Ice surface entrance/exit	→	Stanchions	→	Waiting Area	

ARC Arena (option 1: enter/exit top of bleachers. Teams don't overlap during bookings.)



ENTRANCE & EXIT
for all users



MATSQUI RECREATION CENTER (CLEARBROOK)

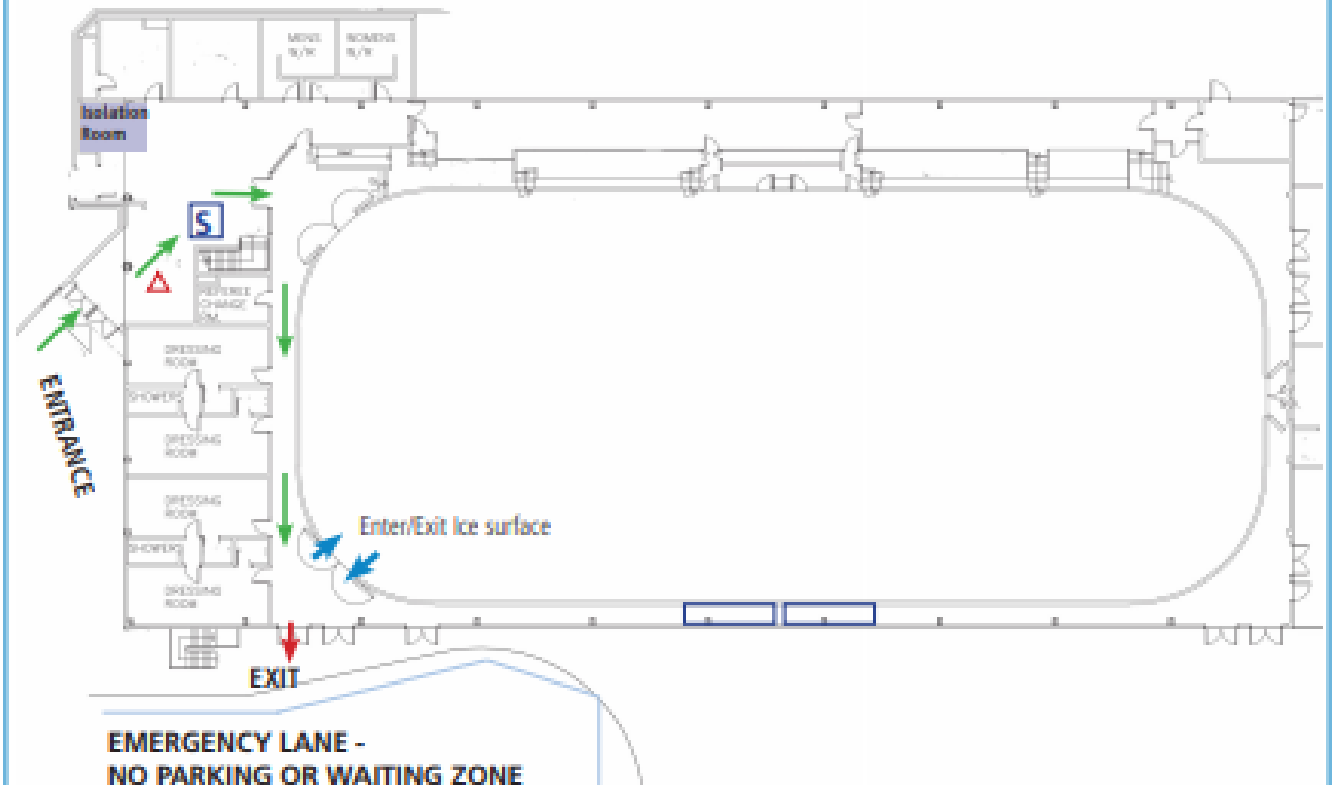
- Max 20 players / 5 coaches on ice at once
- 60 Minute Ice Times with 30 minutes separation
- Arrive within 15 minutes prior to ice and exit within 15 of ice time
- Arrive to rink fully geared
- Skate tying in Dressing Rooms – 6 foot spacing between players
- Dressing Room capacity 8 (6 players / 2 adults)
- No Equipment bags
- Max 1 spectator / participant – Arena Max 50 people
- Arena to mark spacing along glass
- Isolation room will be Café room (see diagram)
- Access to designated washrooms only – capacity will be indicated



- ▶ No spectators allowed for games, players and team officials only.
- ▶ COVID Officers to complete health checks and attendance external to entrance.
- ▶ Access to arena at 15 minutes prior to ice time. Players fully dressed with exception of skates.
- ▶ Enter only via lobby – Exit only via emergency exit doors
- ▶ Teams will be assigned 2 dressing rooms with posted capacity for skate tying.
- ▶ Please note that the designated Isolation Room is just past doors to pool area

MATSQUI RECREATION CENTRE ARENA FACILITY RE-OPENING

Public Entrance	→	Sanitizing Station	S
Public Exit	→	Safety Signage	Δ
Ice surface entrance/exit	→		



M.S.A. ARENA (EMMERSON ST.)

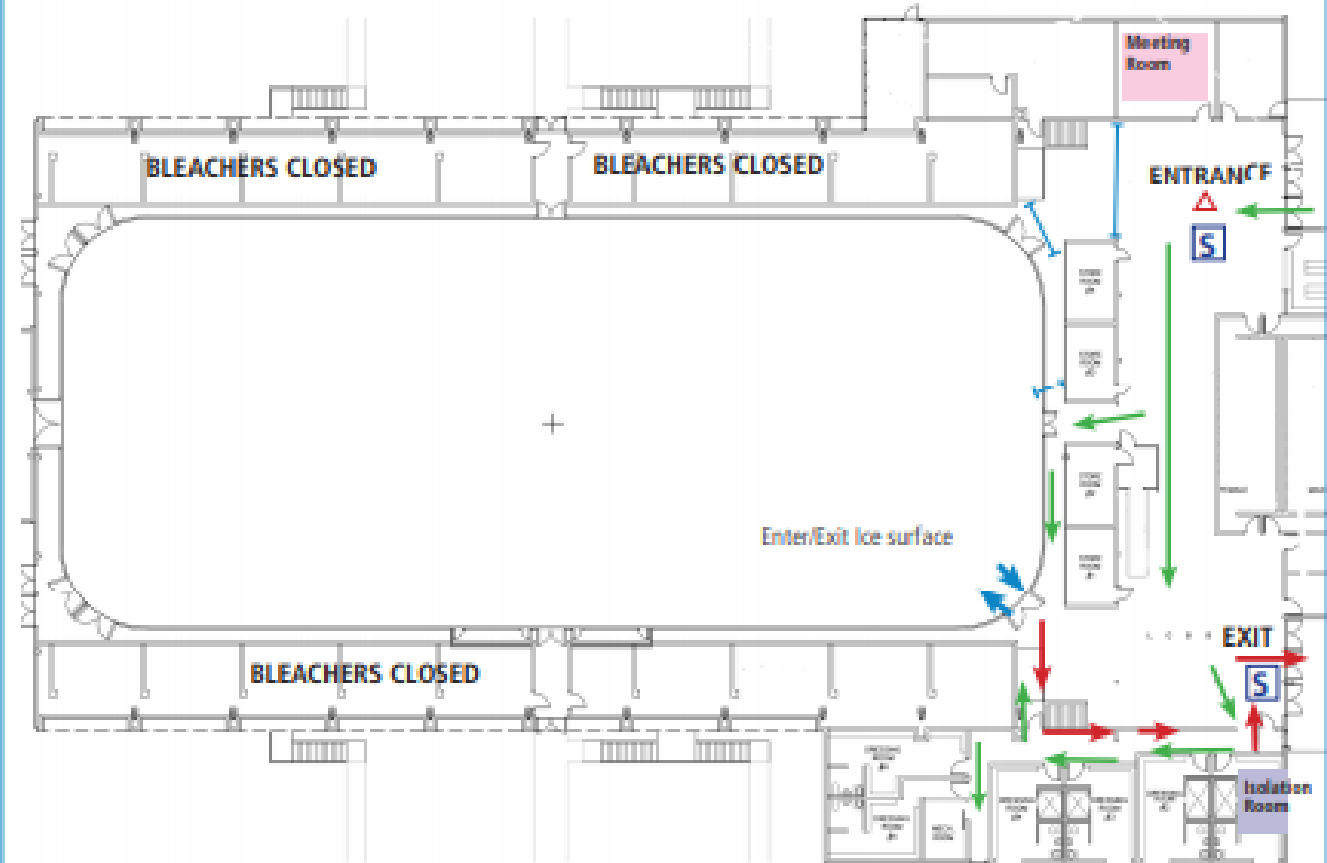
- Max 20 players / 5 coaches on ice at once
- 60 Minute Ice Times with 30 minutes separation
- Arrive within 15 minutes prior to ice and exit within 15 of ice time
- Arrive to rink fully geared
- Skate tying in Dressing Rooms – 6 foot spacing between players
- Dressing Room capacity 8 (6 players / 2 adults)
- No Equipment bags
- Max 1 spectator / participant – Arena Max 50 people
- Arena to mark spacing along glass
- Isolation room will be Small Meeting Room (see diagram)
- Access to designated washrooms only – capacity will be indicated



- ▶ No spectators allowed for games, players and team officials only.
- ▶ COVID Officers to complete health checks and attendance external to North entrance.
- ▶ Access to arena at 15 minutes prior to ice time. Players fully dressed with exception of skates.
- ▶ Enter only via North Lobby Doors – Exit only via South Lobby Doors
- ▶ Teams will be assigned 2 dressing rooms with posted capacity for skate tying.
- ▶ Please note that the designated Isolation Room is small meeting room at the east end of the dressing room area (South East Corner)
- ▶ Please note – only 1 section of bleachers open

MSA ARENA FACILITY RE-OPENING

Public Entrance	→	Sanitizing Station	S
Public Exit	→	Safety Signage	Δ
Ice surface entrance/exit	→	Stanchions	

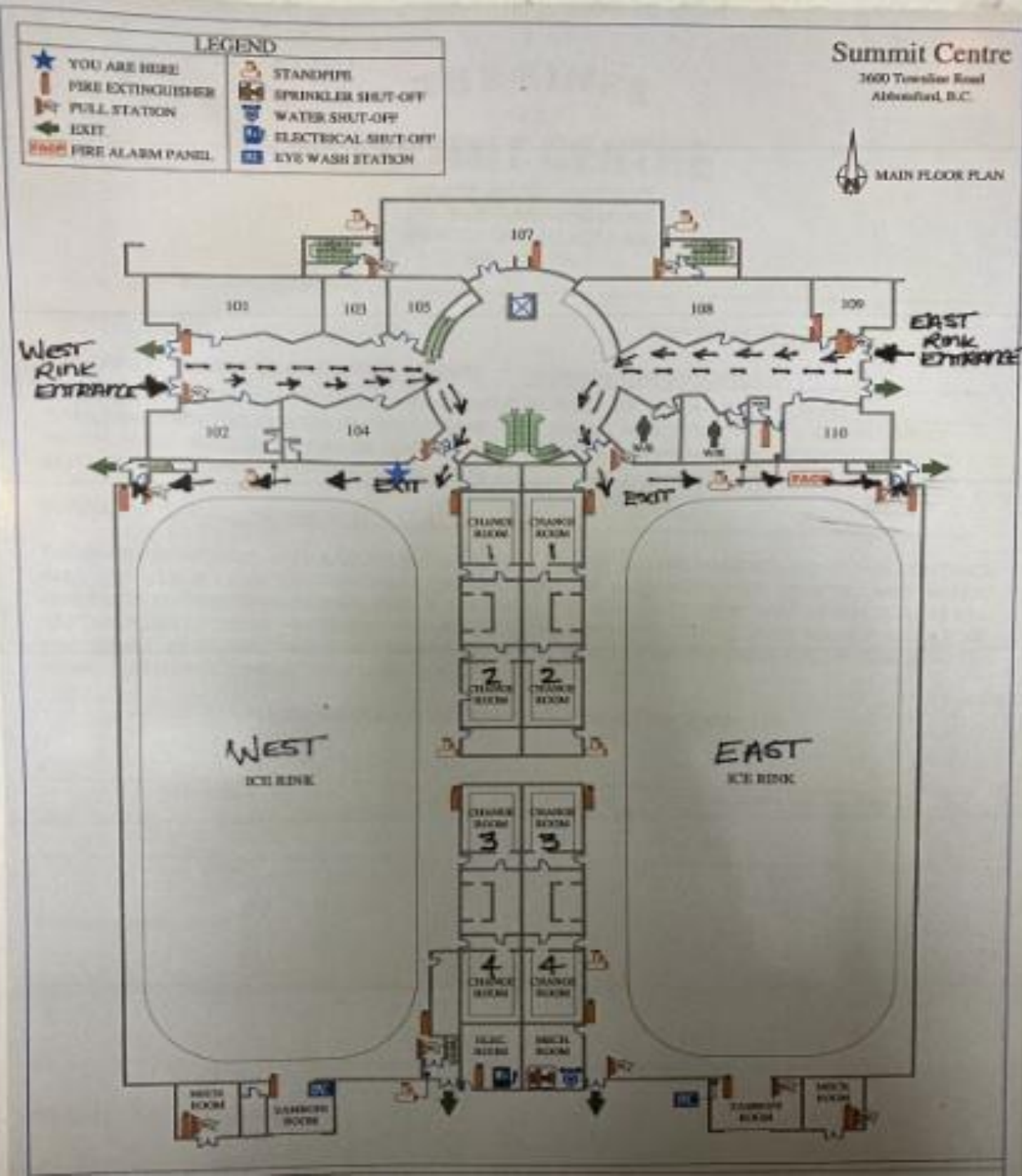


SUMMIT CENTER (EAST & WEST RINK) (BLUERIDGE / TOWNLINE)

- Max 20 players / 5 coaches on ice at once
- 52 Minute Ice Times to allow adequate spacing between users
- Arrive within 15 minutes prior to ice and exit within 15 of ice time
- Arrive to rink fully geared
- **EAST RINK ARRIVE VIA BLUERIDGE ENTRANCE**
- **WEST RINK ARRIVE VIA TOWNLINE ENTRANCE**
- Skate tying in Dressing Rooms – 6 foot spacing between players
- Dressing Room capacity 8 (6 players / 2 adults)
- No Equipment bags
- Max 1 spectator / participant – Arena Max 50 people
- Arena to mark spacing along glass
- Isolation room will be Referee Room
- Access to designated washrooms only – capacity will be indicated



- ▶ Please note separate entrance / exits for each of the rinks.
- ▶ West Rink users need to enter / exit off the Townline Rd parking lot.
- ▶ East Rink Users need to enter / exit off the Blueridge Drive parking lot.
- ▶ Isolation room = Referee Change Rooms in both rinks.
- ▶ There is no access to upstairs viewing area.



OFF ICE EXPECTATIONS

- No off ice events (Fundraisers / Team Parties / Dry Land Training)
- Players arrive to arena no more than 15 minutes prior to ice time
- Players come to rink fully geared
- Players sit in designated spaces to don skates and then wait in designated areas following physical distancing protocols.
- No equipment bags brought into arena.
- 1 spectator / family allowed in spectator area – no siblings / children allowed
- Maximum 50 in any arena including players / volunteers / arena staff and spectators
- No family / group discussion with other parents / officials in the rink
- Frequent hand washing and cleaning of high contact surfaces.



ON ICE EXPECTATIONS

- Players / Coaches remain appropriately distanced (6 feet) while on ice for all activities
- Currently 20 players on ice with 5 coaches (Small rink is 12 / 3)
- On ice activities as per HC guidelines.
 - **Current Phase 3 = minimal contact / games scrimmage within COHORT only**
- Players on bench maintain 6 feet distancing
- No air whistles - only electronic whistles to be used
- No sharing of water bottles – each player should have their own labelled bottle
- Follow instructions from COVID Officer when leaving ice surface – there will be limits in how many participants remove their skates at a time based on available seating.
- Participants should vacate arena within 10-15 minutes ice time ending
- Spitting: **There will be zero tolerance for spitting anywhere or at any time.** Violators will be issued one (1) warning and will be asked to leave the arena should a second offense occur.



PLAYER EXPECTATIONS

- To maintain 2 meter Physical Distancing at all times both on and off ice for all AFHA events
- To alert parent / coach if experiencing any signs of fever, cough, excessive sneezing or shortness of breath
- To follow proper hand washing and hygiene before and after all AFHA events
- To come to rink fully geared (exception skates) no sooner than 15 minutes prior to ice time and leave rink immediately in full gear after removing skates.
- To consistently bring their own water bottle clearly labelled and never share with another.
- To ensure they have all gear required for event as will not be able to borrow from other players
- Understand that the focus in the beginning of the season will be on skill development and that it is possible there will be no games this season.
 - If things progress well then target for games beginning October 13 within COHORTS set by PCAHA



PARENT EXPECTATIONS

- To understand and reinforce Return to Hockey guidelines with player
- To monitor health and alert AFHA if player is being tested or positive for COVID-19. Communicate to Public Health the players involvement with AFHA.
- Drop players off at rink fully geared (except skates) no sooner than 15 minutes prior to ice time and pick up immediately in full gear after removing skates.
- Follow facility guidelines for capacity and physical distancing. Only 1 family member / participant is able to spectate to a maximum of 50 capacity in the arena. To ensure players have all gear (including personal water bottle) required for event as will not be able to borrow from other players
- Understand that the focus in the beginning of the season will be on skill development and that it's possible there will be no games this season
 - If things progress well in Stage 3 then target for games October 13th within PCAHA set Cohorts



TEAM VOLUNTEERS

- This includes Coaches, Managers, HCSP, and COVID Officers.
- To follow and reinforce proper hand washing and hygiene before and after all AFHA events.
- To follow and reinforce physical distancing guidelines of no closer than 6 ft
- Maximum 2 non-players on ice physically distancing (no mask required)
- Maximum 2 non-players on bench wearing cloth mask and physically distancing
- COVID Officer will be responsible for tracking attendance and doing a health check of all participants prior to every event. This will need to be documented for contact tracing. We are exploring doing online prior to each event.
- HCSP required to wear cloth mask when responding to any on or off ice medical event. Need to ensure plenty of masks / gloves / sanitizers available in First Aid kits.
- Time keepers to wipe down and disinfect score clock and handles prior to and after any usage.



Off-Ice Officials

- Penalty-box attendants are recommended to wear a cloth mask inside the building (it may be required by the facility). Continue to monitor public health authority guidelines specific to the wearing of masks.
- Off-ice officials are recommended to have personal hand sanitizer and disinfectant wipes to wipe down and disinfect the score clock equipment/penalty bench prior to each game. Handles to doors going to the ice are high-touch areas and proper hygiene and cleaning is important.
- Physical distancing must be practiced, and it is important to work with the facility to plan the best way to incorporate into the space being used.

AFHA POSITION STATEMENT

The priority of AFHA is to ensure a Safe and Successful return to hockey in 2020/21. It is our collective responsibility to ensure this happens and that we can support our government in managing the COVID-19 pandemic in our province.

We the Board of AFHA take the guidelines from ***Hockey Canada, our Provincial Health Officer, ViaSport, BC Hockey*** and ***Abbotsford Parks & Recreation*** very seriously. To be clear these are strict guidelines – not recommendations. In order for us to provide our kids with safe hockey this season we must comply with the guidelines for 2020/21.

There will be Zero Tolerance for failure to comply with any of these guidelines. Non-compliance will result in consequences which could include loss of team ice-time and suspensions of increasing duration.



RESOURCES

ViaSPORT - <https://www.viasport.ca/sites/default/files/ReturntoSportGuidelines.pdf>

Hockey Canada – https://cdn.hockeycanada.ca/hockey-canada/Exclusive/return-to-hockey/downloads/HC_RTH_Safety-GUIDELINES_EN.pdf

BC Hockey – <https://www.bchockey.net/Files/Return%20to%20Hockey%20Website%20one-page%20Document.pdf>

BC Centre for Disease Control - <http://www.bccdc.ca/health-info/diseases-conditions/covid-19>

Government of BC - https://www2.gov.bc.ca/assets/gov/public-safety-and-emergency-services/emergency-preparedness-response-recovery/gdx/go_forward_strategy_checklist_web.pdf

Mass Gatherings - <https://www2.gov.bc.ca/assets/gov/health/about-bc-s-health-care-system/office-of-the-provincial-health-officer/reports-publications/covid-19-pho-class-order-mass-gatherings.pdf>

Restart Plan - https://www2.gov.bc.ca/assets/gov/public-safety-and-emergency-services/emergency-preparedness-response-recovery/gdx/bcs_restart_plan_web.pdf

BC Recreation & Parks - <https://www.bcrpa.bc.ca/media/242766/bcrpa-restarting-guidelines-final.pdf>

Abbotsford Parks & Recreation – Covid Arena Plans, Meetings

